

Sacred Mountain Retreat
with *Grace*

Aug. 24-28, 2006
Mt. Shasta, N. California

For further information,
please call Shalamar at 530-859-1740
or email at: shalamar8@hotmail.com

\$595 fee
\$150 nonrefundable
deposit due by July 15

Please make check out to: **Grace**
Mail to: **Sacred Mountain Retreat**
PO Box 1396
Mt. Shasta, CA 96067

Sacred Mountain Retreat with Grace
PO Box 1396
Mt. Shasta, CA 96067

Name: _____

(Please print)

Address: _____

City/State/Zip: _____

Phone: () _____

Email: _____

Amount Enclosed: \$ _____



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*High on the mountain
the hum of silence is deafening ...
No madness stirs the ethers there.
A soft piercing light prevails
So still,
So timeless,
So absolute.*

*Waiting there, like the stars have waited,
Like eternity itself has waited,
For you to return.*

- Grace, 2005

Known as one of the sacred mountains of the world, Mt. Shasta is a place of spiritual pilgrimage for people from many lands. Bathed in the profound spiritual energies of this mystical mountain, we will commune together to deepen our awareness of our true divine nature and wholeness/holiness. This will be an unparalleled opportunity to heal, open our hearts and be restored in body and soul.

This very special retreat will be held at Morningstar, the home and sanctuary of Grace on the slopes of Mt. Shasta. Included each day will be meditations and communion, sacred movement and song, silence and satsang. We will make excursions to high mountain meadows and crystalline alpine lakes, to hike and swim or simply bask in the exquisite beauty and purity of Mt. Shasta.



Grace is a love-realized mystic, poet and internationally known healer whose loving presence and powerful healing energy have deeply touched the lives of many all over the world. An Essene minister, she has dedicated her life to living the principles that Christ taught and St. Francis embodied. Love, as her masters exemplified, is our true nature and the purpose of our existence.

Cost: \$595

\$150 non-refundable deposit required with reservation July 15.

Included are lovingly prepared organic and vegetarian meals. Accommodations are not included and are available just minutes away in the town of Mt. Shasta, with camp grounds close by. Travel to Mt. Shasta is about 1.5 hours from nearby airports of Redding, CA or Medford, OR via rental car.

To register or to inquire about accommodation options,
please call Shalomar at:

530-859-1740

email: shalomar8@hotmail.com